

Black Bean Soup

Number of Servings: 4

Prep Time: 20 minutes

Cook Time: 50 minutes

Ingredients

1 cup dried black beans

2 cups water

1 onion

1 head garlic

3 medium tomatoes

1 large carrot

3-4 stalks celery

2 cups frozen corn

1 avocado

4 green onions, chopped

fresh cilantro

1 tsp cumin

1 tsp oregano

1 tsp coriander

* Salsa (optional)

Instructions