

Black Beans & Rice

Number of Servings: 2

Prep Time: 10 minutes

Cook Time: 60 minutes

Ingredients

1 cup dried black beans

2 cups water

1 cups frozen corn

1 cup basmati rice

1 avocado

1 tomato

fresh cilantro, chopped

1 lime

salt & pepper

Instructions

Add beans and water to pressure cooker and cook for 30 minutes, high pressure.

Add rice and corn, cook for 10 minutes, high pressure. Let sit for 5-10 minutes after cooking.