Chickpea Salad

Number of Servings: 4 Prep Time: 25 minutes

Ingredients

Coconut Tamarind Dressing: 2 tsp unsweetened shredded coconut, toasted 1/4 tsp tamarind paste 1 tsp tahini paste 1/4 tsp cumin 1 tbsp olive oil 2 tsp apple cider vinegar 1 tsp braggs soy sauce pinch of cayenne 2 tsp grated ginger salt and pepper Salad Ingredients: 1 red pepper 1 english cucumber 1 avocado 1 large tomato 1 15oz can chick peas, drained and rinsed fresh cilantro

Instructions

Mix together the ingredients for the dressing in a large bowl, adjusting to suit your taste. The measurements are meant to be guidelines, I don't always follow them exactly.

Chop all the vegetables into bite size pieces, and mix together with the dressing. If you want this salad to last for a while, don't add the avocado until ready to eat, otherwise they will go brown.