

Pancakes

Number of Servings: 2

Prep Time: 10 minutes

Cook Time: 20 minutes

Ingredients

2 cups Soleil All Purpose Flour

2 tbsp sugar

4 tsp baking powder

pinch salt

1 large egg

2 cups water

1 tbsp hemp oil

Instructions

Mix together flour, sugar, baking powder salt in a bowl. Add in egg, water and oil and mix. The mix should be fairly runny, it may need more than 2 cups water.

You can also substitute 2 cups water with 1 cup So Delicious Coconut Milk and 1 Cup water.

Heat fry pan on medium-high heat until hot, add butter or oil and pour batter into individual pancakes. Once bubbles start popping, flip over. Add more oil before each batch of pancakes.